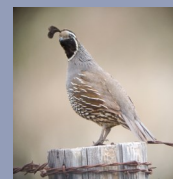




Effie Yeaw Nature Center Adventures - January 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Descriptions and details about each program can be found on the reverse side</i>				1	2	3 New Year's Stroll 10:30am
4 Animal Tracks and Signs 1:30pm	5	6	7 Birds of Winter Lecture	8	9	10 Frog or Toad 10:30am Birds of Winter Field Study Kids' Christmas Bird Count
11 Nature's Symphony 1:30pm	12	Kids' Christmas Bird Count Saturday January 10 * 9am - 1pm <i>by the Sacramento Audubon Society at Effie Yeaw Nature Center</i> Sacramento Audubon has been sponsoring its Annual Christmas Bird Count since the 1940's! All over the world, thousands come together to count birds and this information is used by scientists and others who study birds. Sacramento area kids aged 5 – 16 can participate in this exciting event! Reservations required: visit sacnaturecenter.net or contact Maureen Geiger at 916-444-0804 or mkgeiger@sbcglobal.net				17 Birding for Families 10:30am
18 Black-Tailed Deer 1:30pm	19	20	21 Birds of Winter Lecture	22	23	24 Nor-Cal Snakes 10:30am Birds of Winter Field Study
25 Mighty Meta-Morphin' Monarchs 1:30pm	26	27	28	Check out the Birds of Winter and Mushrooms Programs These are adult education programs—pre-registration required. Check out the back side to learn more!		31 Critter Close-Up 10:30am Mushrooms Field Study



Visiting Us



Nature Center Hours:

Tuesday through Sunday
9am to 4pm

(916) 489-4918/711 TDD/TTY

2850 San Lorenzo Way ♦ Carmichael, CA 95608

Inside Ancil Hoffman County Park, at California Avenue and Tarshes Drive

Park entrance fee is \$5.00 per car (FREE to members)

Effie Yeaw Nature Center is a community service of the American River Natural History Association

(916) 489-4918 ♦ www.sacnaturecenter.net

All ages welcome!

What's UP on Weekends

Join us every Saturday and Sunday for hikes and talks.

Donations welcomed! Space is limited – sign-ups are taken the day of the event.

We recommend you arrive 30 minutes prior to start time.

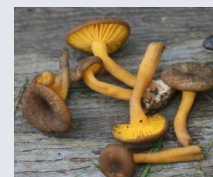
Saturdays – 10:30am	Sundays – 1:30pm
<p>January 3 – New Year's Stroll Join a Naturalist for the first guided hike of the year! You may hear the splash of a fish, the call of a circling hawk or maybe even the ruby red head of an acorn woodpecker will catch your eye. You never know what kinds of sights and sounds await you on a hike through the Nature Preserve.</p>	<p>January 4 – Animal Tracks and Signs There are many animal-made signs in the woods that reveal who has used the trail before you. Become a nature detective and search for some animal tracks, scat and signs in the Nature Preserve.</p>
<p>January 10 – Frog or Toad What's the difference between frogs and toads? Meet some amphibious creatures up close and find out!</p> 	<p>January 11 – Nature's Symphony Take a guided hike and discover the sounds of nature.</p> 
<p>January 17 – Birding for Families Bring the family out to join our special guest guides from the Sacramento Audubon Society for a birding walk. Birdwatchers of all levels welcomed! Bring your binoculars or we can lend you a pair.</p>	<p>January 18 – Black-Tailed Deer The bucks are in their winter glory, with beautiful antler crowns. Grab your binoculars or borrow some from us and catch a closer look at the black-tailed deer in their oak woodland habitat.</p>
<p>January 24 – Nor-Cal Snakes Slither on in for a special presentation by Lynne Tolman from the Northern California Herpetological Society. Try to "scale" back your enthusiasm as you learn about our local snakes. Learn all about the varieties that are found here, their life history, habitats, and meet live snakes up close!</p>	<p>January 25 – Mighty Meta-Morphin' Monarchs Come in for a special program all about the amazing Monarch butterflies. Learn about their lifecycle, their remarkable migrations, where they are wintering, and take some plant seeds home to make your yard monarch-friendly.</p>
<p>January 31 – Critter Close-Up Get eye to eye with one of our furry, scaly, or feathered residents.</p>	



Birds of Winter in the Sacramento Valley and Mushrooms of the Sierra Nevada

Part of the Nature of Things Speaker Series

Join us in January/February for these two wonderful programs.



Birds of Winter includes **three** informative lectures and **three** exciting field studies in January and February - all led by instructor Ed Harper. If you are interested in birds, you won't want to miss these!

Full Series—\$110 for ARNHA members, \$120 for non-members
Lectures ONLY—\$55 for ARNHA members, \$60 for non-members

Mushrooms of the Sierra Nevada will include a lecture and field study. Instructor Daniel Nicholson will share his passion and knowledge, including how to identify different mushrooms species.

\$20 for ARNHA members, \$25 for non-members

These programs suitable for ages 12 and older. Pre-registration required—space is limited.
Call or visit website for dates and other details.

916-489-4918 or www.sacnaturecenter.net



Make great gifts!