





Effie Yeaw Nature Center March Adventures



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>Descriptions and details about each program are on reverse side</i></p>			1	2	3	4 Leapin' Lizards 10:30am	
			5 Tule with Diana Almendariz 1:30pm	6	7	8	9
12 March Hare Madness 1:30pm	13	14	15	<div style="border: 1px solid black; padding: 5px;"> <p>Out of This World Optics ON SITE! 9am to 2pm Saturday, March 18 Selling an amazing array of birding scopes and binoculars!</p>  </div>		18 Bird and Breakfast Traditional Event 8am <i>See reverse</i> 	
19 Bird and Bagels Family Event 8am <i>See reverse</i> Creature Feature 1:30pm	20	<div style="border: 2px solid orange; padding: 10px;"> <p>The Monarch Butterfly</p> <p>The monarch butterfly may be the most familiar North American butterfly, and is considered an iconic pollinator species. Its wings feature an easily recognizable black, orange, and white pattern. The caterpillars feed exclusively on the milkweed plant.</p> <p>During the fall migration, monarchs cover thousands of miles, with a corresponding multi-generational return north.</p> <p>You can see monarch butterflies and their larvae (caterpillars) at Effie Yeaw Nature Center in the spring! We have a milkweed plant just in front of the courtyard that hosts eggs and caterpillars each year!</p> </div>			23	24	25 Sensational Spring 10:30am
26 Hawk Talk 1:30pm	27				30	31	



Admission to the Nature Center is always by donation.

Your generosity keeps our doors open and programs running! Thank you for your support!

Visiting Us



Nature Center Hours:
Tuesday through Sunday
9am to 5pm
(916) 489-4918/711 TDD/TTY

2850 San Lorenzo Way ♦ Carmichael, CA 95608
Inside Ancil Hoffman County Park, at California Avenue and Tarshes Drive

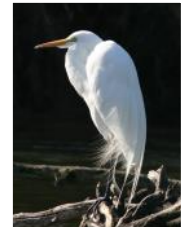
Park entrance fee is \$5.00 per car (FREE to members)



Special Event:

Bird & Breakfast Weekend

Join the Sacramento Audubon Society and the American River Natural History Association for a weekend of birding!



Bird & Breakfast Traditional Event

Saturday, March 18 at 8am

90 min (approx.) walk & breakfast buffet

Ages 12 - adult

- General admission: \$40/person
- Members: \$35/person (ARNHA/Audubon)



Bird & Bagels Family-Friendly Event

Sunday, March 19 at 8am

Shorter family walk & continental breakfast by the Carmichael Kiwanis Club

- General admission: \$10/person age 12 - adult
\$5/person age 6 - 11
- Members: \$9/person age 12 - adult
\$4/person age 6 - 11

Reservations required: register at SacNatureCenter.net or call 916-489-4918

All ages welcome!

Weekends are Always Hopping!!

Join us every Saturday and Sunday for hikes and talks. Donations welcomed!
Space is limited – sign-ups are taken the day of the event.

We



Saturdays – 10:30am

March 4 - Leapin' Lizards Do lizards really leap? What do they eat? Join us as we explore the world of these scaly creatures!



Sundays – 1:30pm

March 5 – Tule with Diana Almendariz Join Diana as she shares the wonderful story of her journey with tule and how this plant has become her teacher and mentor. She adds tule traditions into this western world with a foundation of ancient Maidu traditional culture. Bring your best intentions and good energy to create an item from tule. Space is limited, arrive early to sign up.

March 11 – Be a Nature Detective Sharpen your observation skills and head out for a self-guided woodland scavenger hunt. Take your observations and turn it into inspiration for creature origami! Learn how to make different animals, suitable for different skill levels. Supplies limited, arrive early to sign up. *This program is for 5 years old and up—not suitable for preschoolers.*

March 12 – March Hare Madness! Hop on over for a HARE-raising good time. Join a Naturalist for a hike and discover where a rabbit would make a nest, hide from danger or find a tasty plant to eat.



March 18 – Special Event: Bird and Breakfast
See above for details!



March 19 – Special Event: Bird and Bagels *See above for details!*
Creature Feature - Meet some of the animal residents at the Nature Center up close. Learn about each of their unique journeys and how they became an educational ambassador for the Nature Center.

March 25 – Sensational Spring
Explore your senses as you absorb the sights, sounds, and smells of spring on this Naturalist led hike.



March 26 – Hawk Talk Do you wonder which hawks you are seeing in your neighborhood this season? Come learn some tricks of the trade about how to identify the most common hawks in our area, learn more about these specific raptors, and get close up with one of our resident hawks.

Effie Yeaw Nature Center is a community service of the American River Natural History Association

(916) 489-4918 ♦ SacNatureCenter.net