

All 48 fruits and vegetables with pesticide residue data

EWG analyzed pesticide residue testing data from the U.S. Department of Agriculture and Food and Drug Administration to come up with rankings for these popular fresh produce items. All 48 foods are listed below from worst to best (*lower numbers = more pesticides*)

Note: EWG analyzed pesticide tests of 48 popular produce items. Domestic and imported versions of two items - blueberries and snap peas - showed sharply different results, so we have ranked those domestic and imported items separately. As a result, the full list of foods ranked by the Shopper's Guide displays 50 entries.



1

Apples



2

Peaches



3

Nectarines



4

Strawberries



5

Grapes



6

Celery



7

Spinach



8

Sweet bell peppers



9

Cucumbers

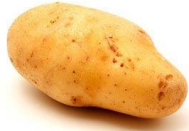


10

Cherry tomatoes



11
Snap peas - imported



12
Potatoes



13
Hot peppers



14
Blueberries - domestic



15
Lettuce



16
Kale / collard greens



17
Cherries



18
Plums



19
Pears



20
Green beans



21
Raspberries



22
Winter squash

23



Tangerines

24



Blueberries - imported

25



Carrots

26



Summer squash

27



Broccoli

28



Snap peas - domestic

29



Green onions

30



Bananas

31



Oranges

32



Tomatoes

33



Watermelon

34



Honeydew melon



35

Mushrooms



36

Sweet potatoes



37

Cauliflower



38

Cantaloupe



39

Grapefruit



40

Eggplant



41

Kiwi



42

Papayas



43

Mangos



44

Asparagus



45

Onion



46

Sweet peas frozen

47



Cabbage

48



Pineapples

49



Sweet Corn

50



Avocados